

CERTIFICATE

OF PARTICIPATION

This is to certify that

Arlo Van Heerden

Has successfully participated & completed the

32km Num-Num Trail Run 2018

held at Pongola Express, MP.

TIME 03:56:38

PACE 07:22/km

OVERALL 2 of 123

GENDER 2 of 92

OPEN 2 of 44

28 July 2018, Sat

Date



BowlTime

Signature